

Imagine a better you

GET FIT
health club

FOR PARENTS

As a Parent, you are naturally interested in giving your child a good start in life. In this regard nothing is more important for children to possess than self-confidence and self-esteem. You will want your child to participate in programs that provide the feeling of success. Our progressive gymnastics program is designed specifically to help children feel good about themselves as they develop their physical skills.



FOR YOUR SAFETY

Students should have proper clothing for class. Leotards or shorts and T-shirts are acceptable. **No Jean shorts or pants. No belts, zippers or snaps on shorts. No baggy clothes, no hoodies.** Bare feet, socks or gymnastic shoes are acceptable. Long hair must be tied back. No gum or jewelry except post earrings. Parents, spectators and children not enrolled in class are not allowed out in the gymnastics area.

EQUIPMENT & CLOTHING

The club has a selection of leotards, shirts, and grips available for your needs.

FALL 2021

September 7 – January 14

**No Classes : Wed.–Fri. Nov. 24–Nov. 26
Fri. Dec. 24—Dec. 31**

N7156 E Plaza Dr.
Beaver Dam, WI 53916

(920) 887-7601

- Beginning Gymnastics
- Intermediate Gymnastics
- Advanced Gymnastics
- Girls & Boys Gymnastics
- Team
- USAG Instruction

www.getfithc.com